

Howler



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May 2019



HDC - Championship show photos

We were stoked to see this message from member Dionne Bock about her dog Nala being invited inside an art gallery with her out on the weekend. Dionne said, "It's amazing the number of people we see who comment how good she is. I'm sure most of the HDC members' dogs would be the same

when out and about. Shame that it's not more common, it's not hard, just takes a bit of effort." Dionne and Nala qualified for their Hills K9 Companion Award last year and we are so proud to have them showcasing what well-trained dogs can do!



Dionne

April 7 at 1:54 PM

This morning the staff at Aquabumps Gallery at Bondi Beach saw me waiting outside with Nala as the rest of my family went in. They went out of their way to invite me in with her. She was on her very best behaviour 😊🐾. It felt very bizarre to have her in there with me! [Aquabumps](#)



Sat 18th May 11.00 am to 2.00pm

Dingo Sanctuary Bar-go will be coming to Hills. Club members Luci Ellem and Rebecca Bancroft will be bringing some dingoes to the clubhouse for a meet and greet and a talk on our native dogs. Reserve your spot on our Facebook Page.



Important Dates.

General meetings: 2019:

8 May, - - - 12 Jun, - - - 10 Jul,
14 Aug, - - 11 Sept, - - 9 Oct,
13 Nov, - - 11 Dec.

Dingos Visit- - - - 18th May

EDITOR'S NOTE.

Dear readers,

I'm really excited to put this issue in your hands and on your screens as Hills members have been involved in lots of interesting things lately!

We've had veterinarian Dr Marjorie Au in to check our dogs' teeth ([page 16](#)); trainer and zookeeper Louise Ginman to teach us about enrichment and mismothering in carnivores ([page 13](#)). A number of our instructors and members went a bit further afield to Monkerai, NSW to 'learn about learning' with Peta Clarke and Dr Susan Friedman - full report on [page X](#).

In turn we've got some goodies

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for you, dear readers - some advice regarding essential oils around dogs on [page 12](#), and Dr Marjorie's guide on how to check your dog's weight on [page 6](#).

Lastly, we're proud to be the first publisher of the short story "Holly's Bath", by our very own instructor Narelle ([page 9](#)). A truly special testament to the relationship between human and dog.

Make sure you have your dog nearby when you read it - you might want a cuddle afterwards.

Ellen

Editor

Editors - Ellen Mok, Tony Vink
Graphic Designer - Tony Vink



DOG DAY OUT: PORT MACQUARIE

by Karen Taylor

Place: Port Macquarie, NSW

Walk duration: flexible

Off-leash areas: 10 off-leash beaches and 2 fenced dog parks

Amenities: dog-friendly accommodation, dog-friendly beaches, dog-friendly cafes, even a dog-friendly pub!

A Review of Port Macquarie as a destination for a holiday with dogs.

We recently travelled to Port Macquarie with two dogs for a quick four day holiday.

My dogs are quite different; Maisy is our cattle dog whom we got from a family who could not deal with a very energetic dog who needed some help dealing with the world. Maisy is anxious and can be fear aggressive to female dogs; she is on Lovan to help her brain chemistry deal with the realities of the world in which we live. We also do a lot to "manage" her world. She loves people to come to



our house and visit her and is happiest when someone is letting her sit next to them and pat her.

Then we have Rubie whom I purchased after knowing her breeder through herding; she is an energetic working

Kelpie who thinks every person she meets will love her and think she is cute. Off-lead she couldn't care less what dog

approaches her, and if she does not want to deal with them, she simply walks away. She is more likely to walk around a dog to get to their owner as that is her focus. On-lead she will ignore most dogs unless they get in her face.

Walking my dogs can be noisy, especially if it is a new environment.

Maisy will bark due to nerves and will bark more if you stop moving, we go to lengths to avoid other dogs on our walks but sometimes you can't – and then the barking gets worse and has an aggressive note to it.

Rubie can be set off by Maisy and has a much deeper bark than Maisy.

When we have people approach us on our walks, I get the girls to move off the footpath, sit and wait for the people to go past, and generally, this is appreciated.

Walking noisy dogs in Sydney suburbs is not fun as people are not happy to hear a dog barking and can be judgemental about what they think is going on.

When we go to Port Macquarie on holidays,

Port Macquarie is a very dog-friendly town. The difference is in the attitude of the locals

walking Maisy can be noisier as it is not as well known to her as her local suburbs and it is more difficult to avoid dogs as Port Macquarie is a very dog-friendly town. The difference is in the attitude of the locals.

Walking around town and the beach and along the water,

that a dog on lead does not need other dogs to approach so they will call their dogs away, making the experience more pleasant for all.

Meanwhile, Rubie is off-lead and doing her thing, but if we see a dog on-lead, I can call her away from them as I would want others to do.

Port Macquarie is a wonderful place to visit with dogs; they have dog-friendly accommodation, dog-friendly beaches, dog-friendly cafes, and a dog-friendly pub where they bring a water bowl out for the dogs as soon as they see you.

We also had people ask about Maisy's leg where the cancer was taken out, and radiation treatment was given as you could see quite clearly

that something had happened to her leg. Her wound had healed enough to allow her to go into the water which is one of her great joys so to have dog-friendly beaches was very important to us on this trip.

The photo is of my girls waiting for my partner to come out of the shops. While waiting, a café worker from across where we

were sitting came over and gave the girls a treat, with no expectation that we would then use the café.

I would recommend holidaying with dogs in Port Macquarie. Be respectful about where they are allowed to go and where they are not



Maisy and Rubie

people hear Maisy and smile and talk to her and will ask to pat her and seem to have a better understanding of how she feels.

When we take her to the dog beach, we keep her on a lead when other dogs are around, and most people understand

and remember when in an off-lead area, a dog on-lead needs space and understanding.

Karen, Steven, Maisy and Rubie.

So how do we rate Port Macquarie?

With apologies to the author, we changed her ratings out of 5 (points) to our bespoke system out of 4 paws...

Ed. 😊

Access from the Hills:	🐾🐾🐾🐾
Fun for Humans:	🐾🐾🐾🐾
Fun for Dogs:	🐾🐾🐾🐾
Amenities:	🐾🐾🐾🐾
Adventurous:	🐾🐾🐾🐾
Overall score:	🐾🐾🐾🐾

YOU JUST NEED PRACTICE.

By Tony Vink

So the month of March had an unusually low number of graduating handlers / dog teams. We'll blame it on the weather and a few non-training days. But at least Ellen was promoted from Beginners 8 with Ava at last, by me, Tony, and before you scream: "favouritism and unfair", she has been asked on several occasions to graduate from Beginners 8, and every time has politely declined and claimed not to be quite ready.

Why would she do that? Why would you do that? Well, as students in my classes will attest to, when it comes to promotions, I like to ask how the students themselves feel about their progress with dog training. I remind them that it's not a race, there is no rush to get to the end of the beginners course. In fact, if you get promoted too soon, before you are ready to move to the next class, it will frustrate both you and your dog.

PROMOTIONS - APRIL 2019

Beginners to Graduate

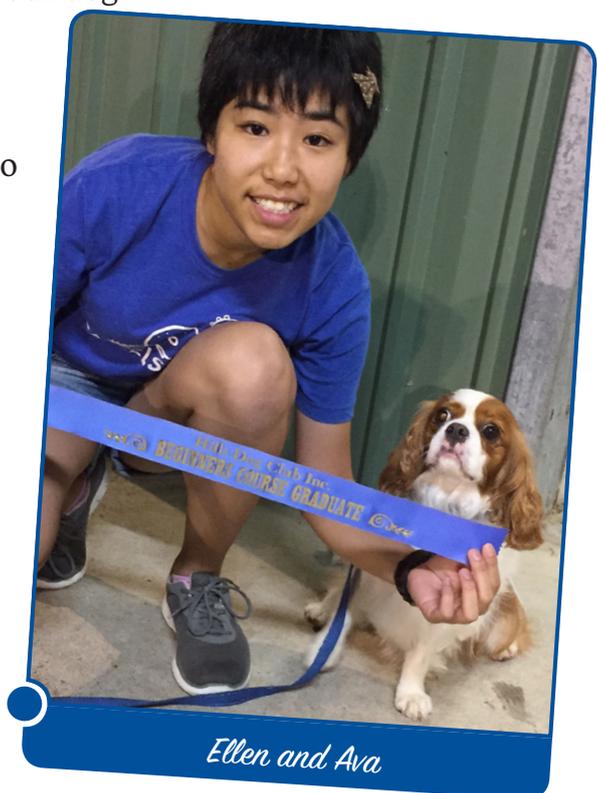
👉 Ellen Mok with Ava the Cavalier King Charles Spaniel*
*yeah, we know them as Cavs too. ;-)

My advice is to be fair to yourself – don't feel under pressure to get it all done as soon as possible. Sometimes it is better to just do a few extra weeks in a particular class just to make sure you and your dog have 'got it'.

you trust each other. You don't need favouritism, you just need practice.



Promoting to the next class should be a fun challenge, something to look forward to. Your reward for graduating is not just a fancy ribbon and pose for a photograph for this section of the Howler, but the knowledge and confidence that your dog has a very good grounding in obedience training; a dog to be proud to show-off to your family and friends; a dog who will be your friend because



Ellen and Ava

HILLS DOG CLUB CHAMPIONSHIP SHOW.

28th April 2019 saw the HDC championship show. A lovely blue sky day saw the participation of over 360 dogs in various breed groups. We won't have the ratified results of the day until next month but here are some images taken by our roving reporters. Hope you'll join us at the next event. Enjoy.



WEIGH TO GO.

by Dr Marjorie Au

Assessing weight and body condition in dogs is instinctively part of my job, but I can't stress enough how important it is to your dog's health, and how you can play a significant role in your pet's wellbeing too.

Just as in humans, being overweight can lead to joint and mobility problems, heart disease, and other serious illnesses such as diabetes, urinary tract infections and chronic, inflammatory conditions. Studies have proven that losing weight has health benefits and can save you money too.



A dog is considered overweight if their body weight is >10-19% than ideal; and considered obese if $\geq 20\%$ than ideal weight.

So how can I tell if my dog is overweight? Firstly weigh your pet. Secondly, you need to assess the Body Fat Index. This extremely important and can

be with a quick visit to your vet, or may also be done at home.

Stand back and cast a critical eye over your dog's profile. In most breeds, there should be a distinct narrowing from the chest into the abdomen i.e. the "waistline". Look from above and from side-on. From behind,

you should be able to see the muscles of the hindlimbs.

However, visual assessment isn't reliable if your dog has a thick, fluffy or long coat. Instead, next use your sense of touch to check body condition.

Hill's™ BFI (Body Fat Index) risk chart

20	16-25% body fat	30	26-35% body fat	40	36-45% body fat	50	46-55% body fat	60	56-65% body fat	70	>65% body fat
Low risk		Mild risk		Moderate risk		Serious risk		Severe risk		Extreme risk	
<p>Ribs Slightly prominent. Easily felt. Thin fat cover.</p> <p>Shape from above Well proportioned lumbar waist.</p> <p>Shape from the side Abdominal tuck present.</p> <p>Shape from behind Clear muscle definition, smooth contour.</p> <p>Tail base bones Slightly prominent. Easily felt.</p> <p>Tail base fat Thin fat cover.</p>		<p>Ribs Slightly to not prominent. Can be felt. Moderate fat cover.</p> <p>Shape from above Detectable lumbar waist.</p> <p>Shape from the side Slight abdominal tuck.</p> <p>Shape from behind Losing muscle definition, rounded appearance.</p> <p>Tail base bones Slightly to not prominent. Can be felt.</p> <p>Tail base fat Moderate fat cover.</p>		<p>Ribs Not prominent. Very difficult to feel. Thick fat cover.</p> <p>Shape from above Loss of lumbar waist, broadened back.</p> <p>Shape from the side Flat to bulging abdomen.</p> <p>Shape from behind Rounded to square appearance.</p> <p>Tail base bones Not prominent. Very difficult to feel.</p> <p>Tail base fat Thick fat cover. May have a small fat dimple.</p>		<p>Ribs Not prominent. Extremely difficult to feel. Very thick fat cover.</p> <p>Shape from above Markedly broadened back.</p> <p>Shape from the side Marked abdominal bulge.</p> <p>Shape from behind Square appearance.</p> <p>Tail base bones Not prominent. Extremely difficult to feel.</p> <p>Tail base fat Very thick fat cover. Fat dimple or fold present.</p>		<p>Ribs Not prominent. Impossible to feel. Extremely thick fat cover.</p> <p>Shape from above Extremely broadened back.</p> <p>Shape from the side Severe abdominal bulge.</p> <p>Shape from behind Square appearance.</p> <p>Tail base bones Not prominent. Impossible to feel.</p> <p>Tail base fat Extremely thick fat cover. Large fat dimple or fat fold.</p>		<p>Ribs Unidentifiable. Impossible to feel. Extremely thick fat cover.</p> <p>Shape from above Extremely broadened back, bulging mid-section.</p> <p>Shape from the side Very severe abdominal bulge.</p> <p>Shape from behind Irregular or upside down pear shape.</p> <p>Tail base bones Unidentifiable.</p> <p>Tail base fat Extremely thick fat cover. Large fat folds or pads.</p>	



3 steps to determine ideal weight



- 1 Weigh the pet
- 2 Determine the pet's body fat percentage using images and descriptors on the reverse side
- 3 Establish ideal weight using this chart

Current weight (kg)	Ideal body weight (kg)					
	20% body fat	30% body fat	40% body fat	50% body fat	60% body fat	70% body fat
4	4.0	3.5	3.0	2.5	2.0	1.5
5	5.0	4.4	3.8	3.1	2.5	1.9
6	6.0	5.3	4.5	3.8	3.0	2.3
7	7.0	6.1	5.3	4.4	3.5	2.6
8	8.0	7.0	6.0	5.0	4.0	3.0
9	9.0	7.9	6.8	5.6	4.5	3.4
10	10.0	8.8	7.5	6.3	5.0	3.8
12	12.0	10.5	9.0	7.5	6.0	4.5
14	14.0	12.3	10.5	8.8	7.0	5.3
16	16.0	14.0	12.0	10.0	8.0	6.0
18	18.0	15.8	13.5	11.3	9.0	6.8
20	20.0	17.5	15.0	12.5	10.0	7.5
22	22.0	19.3	16.5	13.8	11.0	8.3
24	24.0	21.0	18.0	15.0	12.0	9.0
26	26.0	22.8	19.5	16.3	13.0	9.8
28	28.0	24.5	21.0	17.5	14.0	10.5
30	30.0	26.3	22.5	18.8	15.0	11.3
33	33.0	28.9	24.8	20.6	16.5	12.4
36	36.0	31.5	27.0	22.5	18.0	13.5
39	39.0	34.1	29.3	24.4	19.5	14.6
42	42.0	36.8	31.5	26.3	21.0	15.8
45	45.0	39.4	33.8	28.1	22.5	16.9
48	48.0	42.0	36.0	30.0	24.0	18.0
51	51.0	44.6	38.3	31.9	25.5	19.1
55	55.0	48.1	41.3	34.4	27.5	20.6
59	59.0	51.6	44.3	36.9	29.5	22.1
63	63.0	55.1	47.3	39.4	31.5	23.6
67	67.0	58.6	50.3	41.9	33.5	25.1
71	71.0	62.1	53.3	44.4	35.5	26.6
75	75.0	65.6	56.3	46.9	37.5	28.1
79	79.0	69.1	59.3	49.4	39.5	29.6

Ideal body weights are calculated using current weight. Body Fat Index may vary slightly by breed and individual.



Feel along your dog's rib cage (on the chest between the front leg and the waist) - you should be able to feel each rib fairly easily without having to push your fingers into the flesh. There's only a thin muscle between the skin & the rib bones so anything else is fat cover. Next feel along the backbone over the top of the chest. Again, you should be able to feel the little knobs or ridges which form the top of the vertebrae just under the skin here. Then feel around the base of the tail - there should be a dimple or hollow between the tail base and the hip bones, which can be found on either side of the top of the rump.

The less waistline or muscle definition you can see; or ribs, backbone and tail & hip bones you can feel, the more body fat your dog is carrying.

A normal dog should only have 16-25% body fat, where as anything from 26-45% body fat means the dog is at mild to moderate risk of disease; while 46-65% is considered serious to severe risk of disease; and over 65% is extreme risk of disease, and even death.

Hills Pet Nutrition have provided a handy guide to assessing BFI. The Green column is the ideal shape and written definitions. The Yellow through to Dark Red columns represent overweight dogs at 26-65% body fat. As a guide, once you have determined which colour

column your dog is in, go down the Current Weight column in the next table, then across to the corresponding colour to see the ideal weight of the dog. A lot of pet owners are surprised at what this should be!

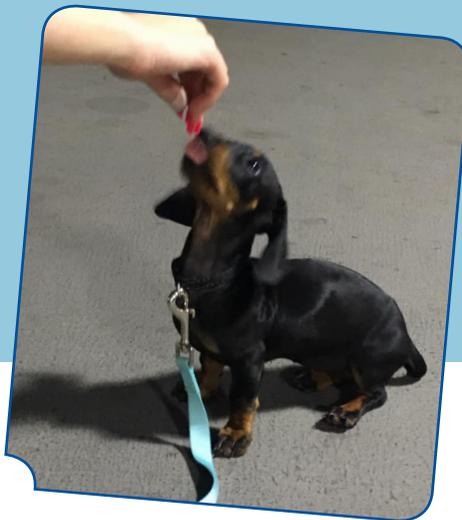


Dr. Marjorie Au,
Vet at Pet Stock Dural



PUPPY SOCIALISATION

It's very important for puppies to have early, happy experiences with other dogs, not just puppies but calm adult dogs as well. 12 week old miniature dachshund Meshki was lucky enough to meet 4 year old Barney the Labrador after Puppies 2 class last April 9. Barney and Meshki were quite curious with each other. Thank you to instructors Lyn and Ryan who helped make this 'meet and greet' a positive experience for Meshki!



TOP TRAINING TIPS

from Jaki Wallbank.

Having trouble getting your dog to recognise verbal cues and hand signals separately? Test which cue the dog is responding to by giving the verbal and visual cues separately. Then to teach the one the dog does not respond to - give new cue, then old cue, dog does it, then REWARD.

HOLLY'S BATH

by N.Brown

Boxing day in Sydney was hot, the following days were a series of 38-40 degrees, and strangely, the post Xmas suburban streets appeared abandoned as residents hid indoors in the sanctuary of air conditioning, fans, cool drinks and lots of re-runs on TV. Like most people I felt a prisoner of the heat in my home.

On my own for the first time in 43 years after my husband's death with overwhelming grief: I just kept busy to take a break from the crying. I washed the floor, cleaned the fridge, sorted papers, washed clothes, hosed the deck and even steam cleaned carpets and rugs.

I looked at my two beautiful black poodles Syrus and Holly who were panting after returning from a stint outdoors in the heat, on their usual prowl for lizards, adorned with leaves in their ears, cobwebs and grass in their coats.

Holly my husband's poodle looked the worst after racing through the bushes – to tidy herself she shook from head to tail spraying leaves around the kitchen.

Usually I take them to the groomers as it is a bit much for me to wash, dry and clip two dogs. Poodles need to be clipped about every 12 weeks as their coat grows quickly and requires daily brushing. I felt sorry for them in this hot weather, so I decided to wash Holly.

I prepared for the task, filling the laundry sink with tepid water, gathering towels, shampoo, brush, comb, hair dryer. I was lucky I had an extension hose on the tap which would help with rinsing.

When I announced, "Holly want a bath?" Syrus my poodle heard the word bath and dived out the doggie door at a rapid pace and Holly, sensing bath wasn't a good thing, followed. I knew better than to chase them and busied myself in the laundry. Soon Holly's



Holly and Syrus

inquisitiveness had her return and I praised her as I gently lowered her into the sink "you are such a good girl – in the bath you go".

Holly relaxed quickly and enjoyed the attention, the massage, the water trickling down her back and through her coat. I continued to praise her as I wiped her face.

Since my husband passed away the dogs have been a wonderful support. I feel bad

I haven't shown them a great deal of attention. Working full time, they have been on their own more than ever before – they notice there is someone missing and certainly pick up on my mood, often coming over and nudging my hand and in Holly's case bounding on my lap for a cuddle. And if they hear me crying they are always at my side, sometimes crying with me.

As I massaged the shampoo in Holly's long coat I remembered when we chose her from the breeders at 2.5 years old. My husband wanted a poodle as he saw how much fun I had with Syrus in dog training and he wanted to participate. We took Syrus along to see if he would get along with one of the dogs. I am not sure why the breeders kept her – she was not used for breeding – she certainly heeled well so had some training. However, Syrus didn't want any of it – they just didn't make friends for 6 months or more. Later on we found out they were from the same litter so possibly sibling rivalry.

The dog experts advised that I should ignore Holly so that she bonded closely with my husband, however in those early days Holly would seek me out, craved my attention. I tried to ignore her, but she persisted and became quite obsessed with me until one day I just took her in my arms and cuddled her – she simply wanted to be loved – sometimes you just have to follow your gut instinct with dogs.

The shampoo was quite soapy and as I leaned over Holly to rinse her back, she licked me on the face – such a sweet thing.

Now with the tap off – I gently squeezed the water from her coat, long ears, paws and tail and draped a fluffy towel over her, scooped the bedraggled Holly up - wrapped like a newborn baby.

Syrus had returned and watched from the mat in the hallway.

After towelling her she was

still very wet, so I gave her a rest and allowed her to run outside in the sun; when she returned, I finished with the hair dryer on cool. She stood still allowing me to hold the hair dryer and comb her hair through. I praised her constantly and soon after a bit of scissoring she looked like a big powder puff.

A cuddle, a few treats and she was free to go.

During that day and the following days, I noticed Holly was staring at me – besotted with me, kept close to me and when I finally would settle, she

would curl up at my feet and put a paw on my leg. I thought she was unusually close.

The power of touch should not be underestimated, the massaging, the attention and the constant praise and allowing her to rest in between made the bath time positive for her. I respected her needs and she trusted me.

I look up from my writing and there she is, her black eyes focused on me still. I think I have won her over!

Now where is Syrus?



LEARNING ABOUT LEARNING

by Ellen Mok

A handful of Hills instructors and members were fortunate enough to attend a 4-day workshop entitled Learning About Learning with Peta Clarke and Dr Susan Friedman this month. Peta Clarke is an Australian animal trainer with over 20 years experience with animals from dogs to elephants, free-flighted birds and marine mammals. Dr Susan Friedman is a psychology professor at Utah State University, USA, who pioneered the use of Applied Behaviour Analysis (ABA) with captive and companion animals.

The workshop was held at Riverwood Downs, Monkerai, NSW, where the more adventurous of attendees pitched tents, and the more comfort-minded stayed in



Peta & Susan on stage... wait, what are they doing?

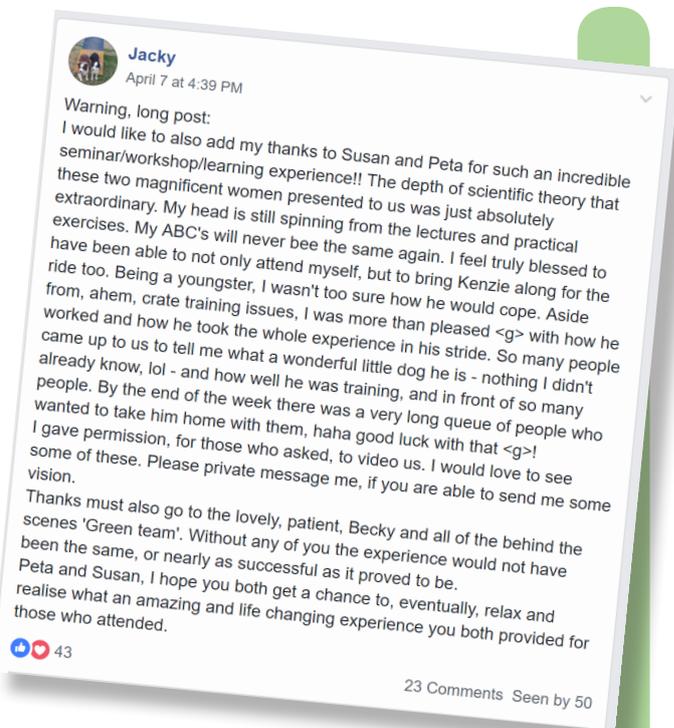
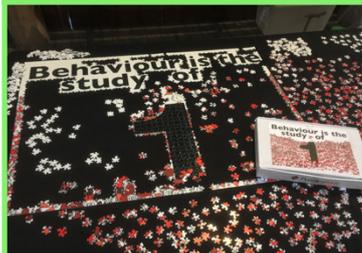
cabins. Each morning all attended a lecture by Susan about an aspect of behaviour analysis and the rest of the day was spent in practical sessions exploring these concepts as demonstrated by 10 brave working teams of dogs and their handlers. (Training your dog in front of 200 'backseat trainers'...!)

We are proud that 2 of the working teams were from Hills - instructor Jaki Wallbank and her 4 year old greyhound Willow, and member Jacky Walker and her 6 month old border collie Kenzie.

Aside from the behaviour concepts we discussed, both pairs of humans and dogs also demonstrated adaptability to new situations and a keenness to learn that was a pleasure to watch.

We at Hills believe that continuing education, science-based practice and humane, ethical training are so important so we are very proud to have so many keen instructors and members show their enthusiasm to learn about learning!





QUICK TAKEAWAYS FROM LAL 2019

by Jaki Wallbank

The **training technique of 'shaping'** is such a powerful tool of communication. (It was wonderful to see so many have that 'light bulb moment' of understanding about shaping at the workshop!)

Choice is an incredibly powerful tool in the learning process. Choice gives you a learner who is actively engaged in the process with you. Choice is the difference between rote learning and understanding.

If your training is effective, you should see change within a couple of sessions (not a completely trained behaviour, but progress). If not, then you need to change what you are doing.

Video your training session. Watch it, work out what worked and what didn't. Then plan your next session.

And lastly... **the power of community.** The seminar has continued beyond our time at Riverwood Downs, with a very active Facebook community of attendees continuing to share training videos and knowledge. Only 10 of us had the opportunity to have our dogs participating in the learning at the seminar, but so many people went home and started training their dogs (and horses, and cats!) using the principles we learnt, and have been sharing their work with us.

Peta said **"if you want to be a better trainer, you HAVE to train"**, so just do it!

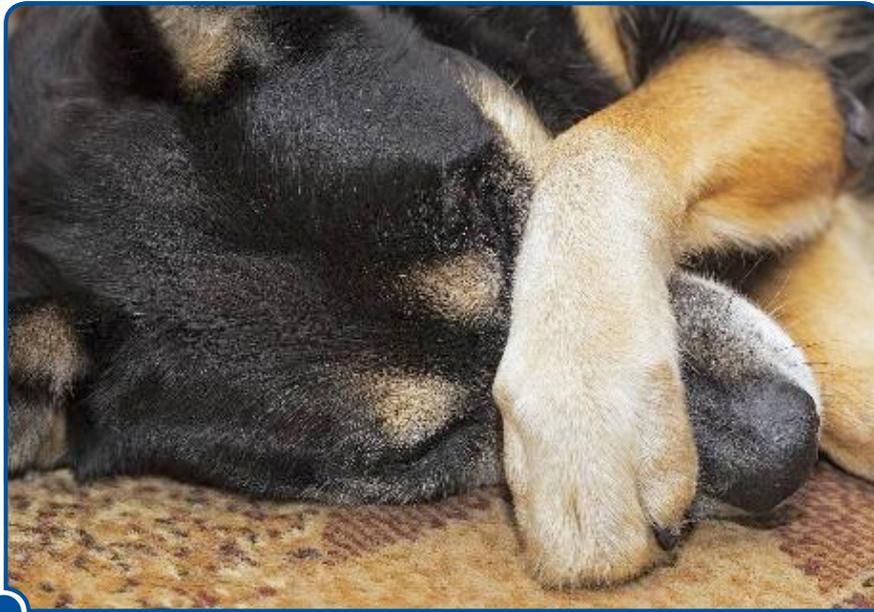
Kellie is with Ryan and 6 others at Riverwood Downs.
 April 7 at 6:14 PM · Monkerai
 Hills Dog Club Instructors and Members were well and truly represented last week at the "Learning About Learning with Dr Susan Friedman and Peta Clarke" up at Riverwood Downs.
 It was a great opportunity to learn not only from these amazing ladies but also be surrounded by so many in the industry from around Australia (literally) and New Zealand.
 Applied Behavioural Analysis was the topic of conversation while practical sessions applied the science and our very own **Jaki** and Willow PLUS **Jacky** and Kenzie were fortunate enough to be apart of this.
 Now for debriefing and downloading everything we learnt!



ON THE NOSE! SOME OILS ARE TOXIC FOR DOGS

by Narelle Puppy 1

Instructor



We all love the smell of roses and sweet fragrances through our houses BUT have you ever thought about the effect on your animals when burning oils, spraying fragrances and using perfumed products?

Dogs possess up to 300 million olfactory receptors in their noses, compared to about six million in us. And the part of a dog's brain that is devoted to analysing smells is, proportionally speaking, 40 times greater than ours. So, you can imagine how the smells around the home could affect our canines, apart from the toxicity. Dr Marjorie Au from Petstock Vet Dural adds, "it can be like being trapped in a small space next to someone who has doused themselves with strong perfume - we wouldn't like it, and most

dogs probably don't either." Beware – Some oils are toxic to dogs and can have profound effects. Always consult your veterinarian for advice before using oils on dogs, on their bedding and around the house.

The OILY TRUTH

Some oils such as Lavender can be useful in calming dogs and has been known to be used for car sickness – burns insomnia and allergies BUT :

Caution Not for use with cats and dogs should not ingest lavender essential oil as it can cause liver or kidney damage.

Tea tree – A 10 year American study indicated symptoms which developed within 2-12 hours following exposure and lasted up to three days. The abnormalities most commonly reported were depression, lethargy, weakness, incoordination, muscle tremors and increased salivation or drooling. Less common symptoms included vomiting, skin rashes, collapse and coma. Several animals were documented to have elevated liver enzymes.

Eucalyptus – The eucalyptus plant is the major source of eucalyptus oil, which is used in many products for its antiseptic properties, scent, and flavouring. When ingested in sufficient amounts this oil, eucalyptol, is an irritant to the gastrointestinal system, causing discomfort, vomiting, and diarrhea. It is also a neurotoxin and can cause neurological symptoms as well, such as depression and confusion.

Citrus - such as linalool and d-limonene contain insecticidal properties. When ingested by a dog, it metabolizes in the dog's liver and causes toxicity, poisoning, liver failure or liver damage.

Other toxic oils: **Pennyroyal / Pine / Sweet birch / Wintergreen / Ylang ylang**

The spice **nutmeg** – it can cause severe stomach upset and agitation in the nervous system. A dog may become overly excited after eating nutmeg, and then become exhausted and drained. Although it is usually unlikely a dog will ingest a large amount (ie. over a couple of teaspoons), if ingested the hallucinogenic effects are dangerous.

continued next page

Dogs are more sensitive to essential oils than humans, so even if you're familiar with them for yourself, remember that it's a different story with your dog.

- Do not use essential oils on your dogs to “prevent” a health issue.
- Do not add essential oils to your dog’s food or drinking water.
- Avoid using essential oils with puppies under 10 weeks of age and with pregnant or nursing dogs.
- Do not use oils on epileptic dogs or dogs who are seizure-prone.
- Keep the oils out of reach of dogs – and cats!

Signs of ingestion - essential oil poisoning in dogs

If essential oils are kept within reach of your pet, you run the risk of accidental ingestion. Watch out for these symptoms:

Muscle tremors / Weakness / Difficulty in walking / Low body temperature / Excessive salivation / Vomiting / Excessive pawing at mouth or drooling

What about burning candles? Do you know what ingredients are in your candles? The experts advise:

Paraffin: Paraffin is a wax made from petroleum waste that releases carcinogens when burned.

Lead: Some wicks have a metal

core, which may contain lead. It is entirely possible that the lead released into the air will be above the EPA threshold; even low doses can harm the central nervous system.

Benzene & Toluene: This known carcinogen is emitted from the soot of some candles



and known to affect the central nervous system.

Acrolein, acetaldehyde and formaldehyde: These dangerous chemicals can also reduce the air quality in your home.

Artificial colours and scents: These can cause allergies and respiratory problems.

If you need to burn a candle, shop for unscented candles made from beeswax or natural soy or vegetable-based wax containing lead-free 100% unbleached cotton wicks. If you want coloured candles, check that non-toxic vegetable-based dyes were used.

Bibliography <https://www.rover.com/blog/essential-oils-safe-dog/>
<https://www.beaglesandbargains.com/lavender-safe-dogs/>
<https://animalwellnessmagazine.com/candle-safety-for-your-dog-cat/>
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<http://www.vetstreet.com/our-pet-experts/what-you-should-know-about-tea-tree-oil-toxicity-in-dogs-and-cats>
<https://www.pbs.org/wgbh/nova/article/dogs-sense-of-smell/>



As part of our 12-month Instructor’s Course, dog trainer and Taronga Zoo keeper Louise Ginman came to Hills on April 24 to give two lively and informative talks on dog enrichment and

stress-related mismothering in carnivores. They were inspiring and thought-provoking for all.

Thanks Louise!

NOTICE IS GIVEN OF THE GENERAL MEETING

of Hills Dog Club Inc.

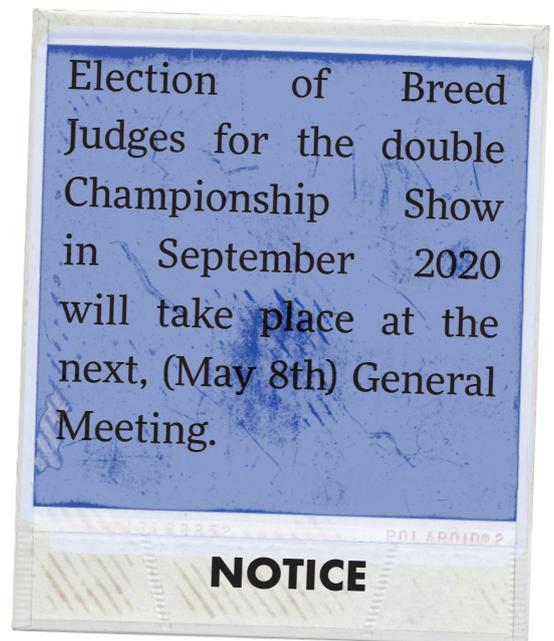
When: Wednesday **8 May 2019** - 7:30pm

Where: Meeting Rooms at Castle Hill Showground.

Who: Everyone is welcome to attend.

AGENDA

1. Open Meeting
2. Apologies
3. Confirmation of Minutes of previous
General Meeting
4. Business arising from the minutes
5. Correspondence
6. Treasurer's Report
7. New members
8. Chief Instructor's Report
9. Show Secretary's Report
10. Trial Secretary's Report
11. Publicity Report
12. Election Breed Judges for 2020 CH show
13. General Business



A copy of the ratified minutes (of all meetings) are available to all members on request at the office on training days.

**NO TUESDAY CLASSES HELD
IN SCHOOL HOLIDAYS**

Hills Dog Club Inc. TRAINING TIMES

Mon. 7pm -> Puppies*,
Beginners, Graduate & Advanced
8pm -> Competitive
Trialling dogs class
*Puppy classes are for dogs 12-20
weeks.
Tue. 10:30am -> All Classes

**NO CLASSES HELD ON
PUBLIC HOLIDAYS**

Forgotten to bring treats to training?
Lamb Treats are on sale at the office for \$5 a packet

CLUB MEETINGS

The club meets monthly on the 2nd Wednesday of the month, except January, in the clubhouse. Meetings start at 7.30pm. All welcome! Tea and coffee provided. Club financial year is 1st January to 31st December.

CORRESPONDENCE AND NEWSLETTER

All Club correspondence or enquiries should be addressed in writing to The Secretary, PO BOX 392 Round Corner NSW 2158 Hills Howler is available at the clubhouse on training days/nights and online. All members are encouraged to contribute. For admin purposes, please keep us informed of **change of email** address.

NOTICE:
Election Obedience- and Rally Judges will take place at the general meeting every November

Would you like to receive your **Howler** via email?
Email us at:
hillshowler@gmail.com
Subject: Send Howler



GROUND RULES

1. As a condition of membership, all dogs are required to be properly vaccinated according to current veterinary guidelines.
2. Members are responsible at all times for the behaviour of their dog/s whilst present on the training grounds or representing the club.
3. All dogs must have properly fitted equipment and remain on lead at all times (unless instructed otherwise by a club instructor). No check/choker chains are to be used on any dogs in Puppy, Beginners or Graduate classes.
4. A member shall not ill-treat a dog at any time. Any such action may give rise to suspension or expulsion from the Club by resolution of the Committee.
5. Bitches in season and/or dog/s which are un-well or have an infectious condition are not permitted on the obedience training grounds.

6. Members are to pick up after their dog/s and help keep the grounds clean and tidy.
7. Adequate sensible dress with appropriate footwear (no thongs, scuffs or bare feet) is required to be worn by Handler during training.
8. Dogs are not to be left unattended whilst on the training grounds unless crated or tethered in a safe area. Members are reminded not to approach dogs that are confined. All dogs are to be kept under control and supervised while at the counter or in the clubhouse.
9. The Club reserves the right to ask any member to muzzle or in extreme cases, remove their dog/s from the training grounds. If a muzzle is required this must remain in place whilst on the club grounds. This will be at the discretion of the Committee.
10. Members who use Club equipment must ensure it is

- returned to the storeroom and stored correctly after classes are conducted.
11. Children are welcome to attend classes provided they are supervised by an adult/parent/guardian at all times.
12. Child members (aged 7 to 11 are to be accompanied by an adult/parent/guardian in classes) and Junior members (aged 12 to 15 under adult/parent/guardian supervision on grounds) are welcome to train providing they have sufficient control of their dog during classes. This will be at the discretion of the class/chief instructor.

Check us out on Facebook –
Like our page to get Club updates.
<https://www.facebook.com/hillsdogclub/>





We train we're fine come rain or shine

FOR NOTICE OF CLASS CANCELLATION

In the event of extreme weather conditions (heat or rain)

Go to: www.hillsdogclub.com OR Facebook:

www.facebook.com/hillsdogclub
Pages updated Monday 4pm & Tuesday 8:45am

Members at training on April 8 were very lucky to have Dr Marjorie Au of Petstock Vet Dural give their dogs a free dental health check! 80% of dogs have dental disease by 3 years of age and it is often a health problem we as owners are unaware of. Over 2.5 hrs, Marjorie examined the teeth of 15 dogs ranging from 10mths old to 11 years old. She helped members identify tartar (calculus) accumulation, gingivitis and used special pink stain to reveal hidden plaque. It was very informative and much appreciated. Thanks Dr Marjorie!



TAIL ME ANOTHER ONE

Q: What did one flea say to the other?



A: Should we walk or take a dog?

Q: What kind of dog did the Avengers get?



A: A Labrathor!

Q: What kind of dog chases anything red?



A: A Bulldog.

HILLS DOG CLUB INC - 2019/20 COMMITTEE

PRESIDENT: - - - - - **Gordon Fenbow** Mb: 0430 341 235. E: gfenbow@bigpond.net.au
VICE PRESIDENT: - - - - - **Anne Small**. Mb: 0417 414 877. E: jonan.65@bigpond.com
VICE PRESIDENT: - - - - - **Vacant *** Tel: xxx E: axxx
SECRETARY: - - - - - **Vacant**. Tel: xxx E: axxx
ASSISTANT SECRETARY: - - **Dianne Kumarich** Tel: xxx E: axxx
TREASURER: - - - - - **Lynne Sheather** Tel: 9634 1497.. . . . E: lshe4963@bigpond.net.au
ASSISTANT TREASURER: - - **Janet Power** Mb: 0419 313 848.. . . . E: powerjanet@optusnet.com.au
CHIEF INSTRUCTOR: - - - - **Dianne Atkins** Tel: 9654 3833. E: diatkins@bigpond.net.au
TRIAL SECRETARY: - - - - - **Vacant** Tel: xxx E: axxx
SHOW SECRETARY: - - - - - **Janet Power**. Mb: 0419 313 848.. . . . E: powerjanet@optusnet.com.au
PUBLIC OFFICER: - - - - - **Lynne Sheather** Tel: 9634 1497.. . . . E: lshe4963@bigpond.net.au
PUBLICITY OFFICER: - - - - **Tony Vink** Mb: 0497 850 895.. . . . E: Tonyvink@gmail.com
EDUCATION OFFICER: - - - - **Dianne Atkins** Tel: 9654 3833. E: diatkins@bigpond.net.au
EQUIPMENT OFFICER: - - - **Bob Watters** Tel: N/A E: N/A
REGISTRAR: - - - - - **Jody Smith** Mb: 0412 502 629.. . . . E: jawsmith@bigpond.com
COMMITTEE MEMBERS:

- - - - - **Kathy Cocks** Mb: 0411 892 329.
- - - - - **Natalie Conway** Mb: 0404 878 940.
- - - - - **Peter Guenther** Tel: .
- - - - - **Ellen Mok**. E: TBA
- - - - - **Deirdre O'Brien** Mb: 0414 515 233.
- - - - - **Vanessa VanVugt** E: TBA

TROPHY STEWARDS:

TRIAL: - - - - - **Kerry Richards**
SHOW: - - - - - **Kerry Richards**
CLUB: - - - - - **Genevieve Young** Mb: 0419 161 042.. . . . E: genevieve.young@optusnet.com.au

AUDITOR: **Mr T. Newton**

PATRONS:- - - - - **The Hon. Ray Williams, MP**
- - - - - **Mrs Luci Ellem**

* Mr Bob Watters was elected as Vice Preseident at the 2019 AGM, but has since given up the position which is now vacant.

LIFE MEMBERS: **Peter Guenther, Hazel Baldwin (deceased), Dianne Atkins, Janet Power, Belvane Parsons, Anne Small, Betty Cansdale (deceased), Robyn Jones, Janice Lyons, Vicki Gresser, Lynne Sheather.**

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https://commons.wikimedia.org/wiki/File:Dingo,_Abrets.jpg
<http://clipart-library.com>

Photo of overweight beagle courtesy of Dale via Flickr Creative Commons.

Photo of Peta and Susan by Debi Coleman.

The Hills Howler newsletter is written by members, for members. The views expressed here are not necessarily the views of the Hills Dog Club Inc. and the club does not accept responsibility for any information, articles or advice published. We welcome requests for articles and info, and also allow members to post dog/pet related notices at editors discretion. Members are encouraged to write and contribute letters, stories, with photos related to dogs and experiences with dogs. Share a joy or a sadness with us. Most web links on the digital version of this Newsletter are live and may be clicked to go

to the appropriate site. Some images also contain web links.

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AGM & AWARDS 2019

On the 3rd of April we had the 2019 AGM of Hills Dog Club. Several office bearers gave their reports and we had the elections of the new committee. The minutes of the AGM are viewable at the office during training days when the office is open.



Anne and Belvane, awarded 25 year service awards by Gordon

We are particularly excited and grateful for the new additions to the committee -- it takes a large team of dedicated people to run a great club.

There are still some vacant positions which we would love to see filled. Sorry to say there's no money or glory in it but our club members do appreciate it! If you have some skills and more importantly time - that you could offer to the community of Hills dog lovers, step right up!

continued next page

Elected committee 2019/20

President	G. Fenbow
Vice President	B. Watters
Vice President	A. Small
Secretary	VACANT
Treasurer	L. Sheather
Publicity Officer	T. Vink
Show Secretary	J. Power
Trial Secretary	VACANT
Chief Instructor	D. Atkins
Committee	E. Mok
	K. Cocks
	P. Guenther
	N. Conway
	V. VanVugt
	D. O'Brien
Assist. Secretary	D. Kumarich
Assist. Treasurer	J. Power
Registrar	J. Smith
Equipment Officer	B. Watters
Trophy Stwd. (Club)	G. Young
Trophy Stewards	K. Richards
Education Officer	D. Atkins



Our new, and may I say very heavy, Honour Board, ta daa!



The awards part of the evening was a list of our club's veritable top performers in competitions and achievements of long service awards. 2019 also sees the introduction of the **Championship Honour Board**, it honours our dogs that have gained championship titles in various disciplines. The awards have been backdated to include our special Hills Dog Club dogs. Congratulations to all the recipients. Next time you're at the club have a look in the kitchen area and behold the new board.

Receiving entries, calculating and checking the entries and preparing the trophies, especially the new Honour board, was a task for our very own hardworking and passionate committee member and instructor, **Genevieve Young**. Good job Genevieve!

The complete list is appended to the newsletter this month. Congratulations to all winners and service awards recipients.

Due to the inordinate number of photos taken of the award winners and service award recipients, it is not possible to feature them all here. We have included just a few with apologies to those who weren't published. Rest assured we celebrate and appreciate you all.



Summary of Awards 2018/2019

RALLY O – GOLD MEDALS

Judith Walder & *E. Barrett B (AI) CD RA*
Michelle Oldfield & *Ulara Floss CD RM ADX JDX GD SPDX SDX HT*
Karyn Gresser & *RO Ch. Banjo CDX RAE ET*

OBEDIENCE – MEDALS

Community Companion Dog Gold Medal

Judith Walder and *E. Barrett B (AI) CCD RA*

Novice (CD) Gold Medals

Karen Richardson & *Poodlederry Mister Bojangles CD RE FS.S HTM.N*
Sam Ibbott-Cordi & *Gr. Ch. Tobenlee Moves Like Jagger CD RA ET JC*
Judith Walder & *E. Barrett B. (AI) CD RA*

Open (CDX) Gold Medals

Pauline Hartwell & *Dual Ch. (O) Hartwyn Royal Zulu UD RE*
Dagmar Neal & *O. Ch. RO. Ch. Auldbbrig Tiger by the Tail RAE JD SPD GD*

Utility Dog Gold Medals

Pauline Hartwell & *Dual Ch. (O) Hartwyn Royal Zulu UD RE*
Sandy O'Neill & *T.Ch. Gadhar Super Nova UD HSAs HSBs*

Open + Utility Dog Gold Medal

Pauline Hartwell & *Dual Ch. (O) Hartwyn Royal Zulu UD RE*

UDX Silver Medal

Eve Ryan & *O. Ch., T. Ch. Phenwick Picture Perfect UDX*

PERPETUAL TROPHIES

Iris Bollinger Memorial Trophy for Highest Score in Rally Obedience

Karyn Gresser & *RO Ch. Banjo CDX RAE ET*

Abbey Memorial Trophy for highest point score in CCD Obedience

Judith Walder & *E. Barrett B. (AI) CCD RA*

Hazel Baldwin Trophy for Highest Score in Novice Obedience

Judith Walder & *E. Barrett B. (AI) CD RA*

Hilda Smythe Trophy for Highest Score in Open Obedience

Dagmar Neal & *O. Ch. RO Ch. Auldbbrig Tiger by the Tail RAE JD SPD GD*

Barry Langdon Trophy for Highest Score in UD Obedience

Sandy O'Neill & *T.Ch. Gadhar Super Nova UD HSAs HSBs*

Karen Valeschini Trophy for Highest Score in both Open & UD Obedience

Pauline Hartwell & *Dual Ch. (O) Hartwyn Royal Zulu UD RE*

Hills Dog Club Perpetual Trophy for Highest UD point score

Eve Ryan & *O. CH., T. Ch. Phenwick Picture Perfect UDX*

Inaugural Hills Dog Club Perpetual Trophy for Tracking

Sandy O'Neill & *T.Ch. Gadhar Super Nova UD HSAs HSBs*

Highest scoring Club member at November Trial

Jack Lotzkes & *Singha Leonita*

Dianne Atkins Perpetual Trophy for Highest Achievement in Canine Competition

Dori Leadle & *T. Ch. Cassalis Highland Chief CDX RA NRA*

TITLE TROPHIES for TITLES GAINED IN 2018

Single Titles

Rally Novice Titles

Karyn Gresser & *Koolkuna Jigsaw Puzzle RN RALLY NOVICE TITLE*

Pauline Hartwell & *Ch. Hartwyn Pageants Hero on Ice (AI) RN*

Rebecca & Rupert & *Korskote Rupert RN*

Sam & Samba & *Ch. Tobenlee Chase N Shadows RN JC*

Rally Masters Title

Michelle Oldfield & *Ulara Floss CD RM ADX JDX GD SPDX SDX HT*

Obedience

Eve Ryan & *O. Ch. T. Ch. Phenwick Picture Perfect UDX*

UTILITY DOG EXCELLENT TITLE

Robyn Dive & *Zillara Molotov Cocktail CCD RA CD - NOVICE OBEDIENCE TITLE*

Sandra Sweetman & *Trinrod Gipsy Magic CDX RN - OPEN OBEDIENCE TITLE*

Other Disciplines

Sandra Elliott & *Quickstep Cassaphia RN TDX PT - TRACKING DOG EXCELLENT TITLE*

Sandra Elliott & *Sassy CD RA TD PT - HERDING PRE TRIAL TEST TITLE*

Kerry Richards & *Eleazar Gems Tia CD RN AD JDX ET - JUMPING DOG EXCELLENT TITLE*

Multiple Titles

Michelle Gurney & *Ch. Armahani lolite Ihana (AI) HT ET JC WPD*
WORKING PACK DOG, HERDING TEST, ENDURANCE TEST TITLES

Michelle Gurney & *Ch. Neut. Ch. Armahani Diamond Dansut (AI) CCD RA AD JDX SD SPD GD HT ET JC WPD*
AGILITY DOG, JUMPING DOG EXCELLENT, GAMBLERS DOG TITLES

Robyn Jones & *Tarshona Royal Abbey RN ADX JDM JDO GD SD SPD*
JUMPING DOG MASTERS, JUMPING DOG OPEN, AGILITY DOG EXCELLENT TITLES

Dori Leadle & *T. Ch. Cassalis Highland Chief CDX RA TDX*
OPEN OBEDIENCE, RALLY ADVANCED, NOVICE RETRIEVING ABILITY TEST TITLES

Lorraine Lawson & *Ztoy Destined T Maka Difference CD FS.I. FS.A*
DANCES WITH DOGS FREESTYLE INTERMEDIATE, DANCES WITH DOGS FREESTYLE ADVANCED TITLES

Karen Richardson & *Poodlederry Mister Bojangles CD RE FS.S HTM.N*
NOVICE OBEDIENCE, NOVICE HEELWORK TO MUSIC TITLES

Samantha Ibbott-Cordi & *Gr. Ch. Tobenlee Moves Like Jagger CD RA ET JC*
NOVICE OBEDIENCE, RALLY ADVANCED TITLES

Vicki Gresser & *Rozate Blade Runner RA*
RALLY NOVICE, RALLY ADVANCED TITLES

Judith Walder & *E. Barrett B. (AI) CD RA(A)*
COMMUNITY COMPANION DOG, NOVICE OBEDIENCE, RALLY NOVICE, RALLY ADVANCED (A) TITLES

Cathryn Lane & *Yellowfetch Whats On (AI) ADM JDM JDO GD SD*
AGILITY DOG EXCELLENT, AGILITY DOG MASTER, JUMPING DOG EXCELLENT, JUMPING DOG MASTER, JUMPING DOG OPEN, SNOOKER DOG TITLES

Pauline Hartwell & *Ch. Rustufarion Bubble the Brew (IID) CDX RM*
OPEN OBEDIENCE, RALLY MASTERS TITLES

Sue Turner & *Dual Ch. (N) (T) Ciganyoz Enya CCD RA*
COMMUNITY COMPANION DOG, TRACKING DOG EXCELLENT, RALLY ADVANCED TITLES

Sandy O'Neill & *T.Ch. Gadhar Super Nova UD HSAs HSBs*
UTILITY DOG, TRACKING DOG EXCELLENT TITLES

Champion Titles

Sue Turner & *Dual Ch. (N) (T) Ciganyoz Enya CCD RN*
TRACKING CHAMPION & DUAL CHAMPION NEUTER (TRACKING) TITLES

Terri Odell & *Ch. Nagpuni in the Midnight Hour*
CHAMPION TITLE

Sandra Elliott & *T. Ch. Quickstep Cassaphia RN PT*
TRACKING CHAMPION TITLE

Dori Leadle & *T. Ch. Cassalis Highland Chief CDX RA TDX*
TRACKING CHAMPION TITLE

Pauline Hartwell & *Dual Ch. (O) Hartwyn Royal Zulu UD RE*
OBEDIENCE CHAMPION & DUAL CHAMPION TITLES

Samantha Ibbott-Cordi & *Ch. Kirinbell Brown Sugar*
CHAMPION TITLE

Samantha Ibbott-Cordi & *Ch. Kirinbell Get Off My Cloud*
CHAMPION TITLE

Samantha & *Ch. Kirinbell Party Doll*
CHAMPION TITLE

Carole Hately & *Neut. Ch. Quinora Lennox Vision*
NEUTER CHAMPION TITLE

Sandy O'Neill & *T. Ch. Gadhar Super Nova UD HSAs HSBs*
TRACKING CHAMPION TITLE

Grand Champion Title

Terri Odell & *Grand Ch. Nagpuni Midnight Mischief RN*
GRAND CHAMPION TITLE

SERVICE AWARDS for 2019

5 years of service

Barbara Horsfield
Gary Mangan
Ivanka Fleming
Lesia Burford
Lyn Hannigan
Narelle Brown
Natalie Conway
Paul Kryakous
Rachel Lawler
Tomoko Koyama

15 years of service

Lea-Ann Laughton

25 years of service

Anne Small
Belvane Parsons